

How



helps families at  
RMHC Toronto®

## McHappy Day is McDonald's single largest fundraising day of the year!

Since its inception in 1977, McHappy Day has helped Ronald McDonald House Charities® (RMHC) support hundreds of thousands of families across Canada.



**RMHC Toronto** opened the first Ronald McDonald House in Canada in 1981. Since then, we've moved into an 81-room House, opened seven in-hospital Family Rooms and helped thousands of families by providing compassionate hospitality—as well as diverse programming that includes providing nutritious meals, activities, and our onsite school and camps.



In 2023, RMHC Toronto served **3,383 families** and provided **22,950 nights of comfort** to families with seriously ill children. By providing families with a place to stay, nutritious meals, laundry facilities and a community of support, they receive the care they need and save up to \$20,000 over a month's stay.



**McDonald's Canada** is our Founding & Forever Partner. Dollars raised on McHappy Day—and all year-round, through coinbox, kiosk, Round Up, Happy Meals and RMHC Cookies—make an incredible difference for the families we serve.

## McHappy Day helps families like the Mitropouloses

The Mitropoulos family stayed at RMHC Toronto for 162 nights over two visits when not one, but *both* their sons were born with a rare, and non-genetic, birth defect.

For this Georgetown, Ont., family, McHappy Day is a special celebration of RMHC Toronto, and the donors who gave them a place like home near the hospital when they needed it.

**"Thank you to everyone who helped ensure that RMHC Toronto was there when we needed it,"** says mom, Jessica.



From left: Jessica, Christian, Theo, and George



# Wondering how you can help?

A portion of proceeds from every food and beverage item sold all day on McHappy Day supports families with sick children staying at RMHC Toronto.

Last year, McHappy Day raised over \$1M for RMHC Toronto—that's the equivalent of 5,721 nights of comfort for families with seriously ill children!



## Order your faves

A portion of proceeds from ALL menu items purchased on May 8 supports RMHC!



## Round Up your order

Small change makes a big difference on McHappy Day and all year long.

## Treat yourself!

McHappy Day merchandise, available in restaurants or at [peace-collective.com](http://peace-collective.com), goes towards the fundraising total.



## Make a donation

Visit [rmhctoronto.ca/mchappy](http://rmhctoronto.ca/mchappy)

or scan the QR code to make your gift.



Tag us in your McHappy Day photos! [#McHappyDay](https://twitter.com/McHappyDay) [#RMHCTorontoMHD](https://twitter.com/RMHCTorontoMHD)

### Let's connect:

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 Ronald McDonald House Charities Toronto



Ronald McDonald House Charities (RMHC) Toronto is an independent charity, governed by a volunteer Board of Directors. Legal name: Toronto Children's Care Inc. Charitable registration number: 11885 2630 RR0001

[rmhctoronto.ca](http://rmhctoronto.ca)

